

## Confidential Patient Progress Information

Since beginning care has your main complaint:

- Improved  
 Unchanged  
 Increased

List: \_\_\_\_\_

Since beginning care have other complaints:

- Improved  
 Unchanged  
 Increased

List: \_\_\_\_\_

What degree of relief do you get following your adjustment?

- Minimal  
 Moderate  
 Maximum

How long does the relief last following your adjustment?

- Minutes  
 Hours  
 Days

Please rate your pain on a scale from zero to ten in which ten is severe pain and zero is none.

- (Main Complaint)  
 (Other, List \_\_\_\_\_)

It is very important to know how your present condition affects your activities of daily living. Please take the time and indicate your ability to perform the following activities using the codes provided.

U–Unable    L–Limited    P–Pain    D–Difficult    N–Normal    H–Haven’t Tried

- |   |  |                                   |   |
|---|--|-----------------------------------|---|
| <input type="checkbox"/> Lying on back                    | <input type="checkbox"/> Getting in/out of car | <input type="checkbox"/> Sleeping | <input type="checkbox"/> Stooping         |
| <input type="checkbox"/> Lying on side with knees bent    | <input type="checkbox"/> Gripping              | <input type="checkbox"/> Pushing  | <input type="checkbox"/> Sitting          |
| <input type="checkbox"/> Turning over in bed              | <input type="checkbox"/> Climbing              | <input type="checkbox"/> Pulling  | <input type="checkbox"/> Bending forward  |
| <input type="checkbox"/> Lying flat on stomach            | <input type="checkbox"/> Dressing self         | <input type="checkbox"/> Reaching | <input type="checkbox"/> Bending backward |
| <input type="checkbox"/> Standing for periods over 1 hour | <input type="checkbox"/> Sexual activity       | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Walking          |
|   | <input type="checkbox"/> Sneezing              | <input type="checkbox"/> Coughing |   |

Are you able to perform the activities you enjoy doing most in life:

- Better since receiving care.  
 The same since receiving care.  
 What I enjoy doing most in life was unaffected by my condition.

Do you have any new complaints or concerns you would like to share with me? Yes/No

List: